

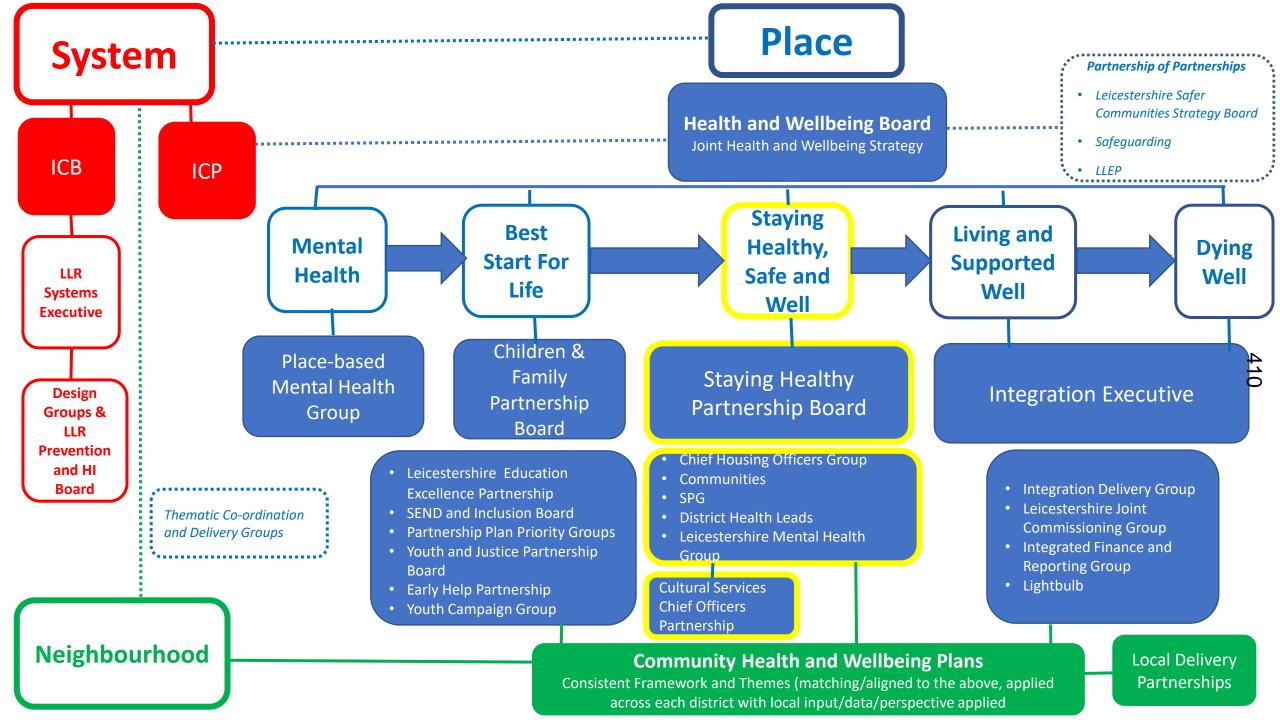
Staying Healthy Partnership: JHWS Progress Update

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Health & Wellbeing Board: 23rd May 2024



The SHP is responsible for the Staying Healthy, Safe & Well life course stage of the JHWS.

A number of priorities sit within the two overarching objectives: Building Strong Foundations and Enabling Healthy Choices & Environments.

These are underpinned by the crosscutting themes: **Health Inequalities**, **Wider Determinants** and **Prevention**. Staying Healthy, Safe & Well

Building Strong Foundations Enabling Healthy Choices & Environments

Health Inequalities

Wider Determinants

Prevention

Priority 1: Building Strong Foundations



Health in all Policies:

HiAP training developed and piloted at the Council



Healthy work and workplaces

- Partnership bid to become a WorkWell vanguard to better join up employment & health support
- Promotion and delivery of workforce health MOT's.



Gaining meaningful employment

VAL has recently secured funding for a new Employment Hub project





Healthy housing and homelessness prevention

- Public Health and local Planners developing a package for support to embed health considerations within Local Plans.
- Rough sleeper initiative in place to provide an outreach offer to support rough sleepers.



Supporting community cohesion

- The OPCC People Zones (PZs) initiative aims to grow safer communities
- New role will use local sport and physical activity assets to desist young people from engaging in violent crime and antisocial behaviour developed through Active Together, StreetGames & VRN partnership

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Priority 1: Building Strong Foundations



Resilient, independent and supported older people

 Work between Public Health and local Planners to develop a package for support to embed health considerations within Local Plans



Air Quality & Health

• A Health Needs Assessment on air quality and health is underway. The findings will be used to refresh the Air Quality and Health action plan.



Health & design of local areas

- Multi-partner pilot work in South Wigston focused on increasing active travel and air quality.
- Outcome of the work with planning policy, highways, health and leisure representatives identified core training and support needs for the planning system.



Reduce fuel & food poverty (cost of living crisis)

- CoLC included as a priority in 3 x CHWBP
- Multiply is a project in place to support individuals to manage household budgets.
- Warm Homes initiative offers support/advice



Health impacts of climate change

• The Local Transport Plan 4 has a 'health and carbon' workstream looking at both areas together in the context of transport planning within the county and impacts on the population.

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Priority 2: Enabling Healthy Choices & Environments



Making every contact count

MECC training and awareness has been promoted via locality health partnerships and Integrated Neighbourhood Teams.



Enabling healthy choices

A scoping report was completed with 4 other local authorities looking at best practice and learning centred around a healthy choice eating out scheme. The next step is to explore a pilot.



Sexual Health

Local sexual health services are in the process of being redesigned to improve accessibility of services for residents.



Building healthy environments (fast food outlets and alcohol premise density)

Local Planning authorities (districts) are being supported to build an evidence base and policy wording for hot food takeaway policies within Local Plans.



Physical activity

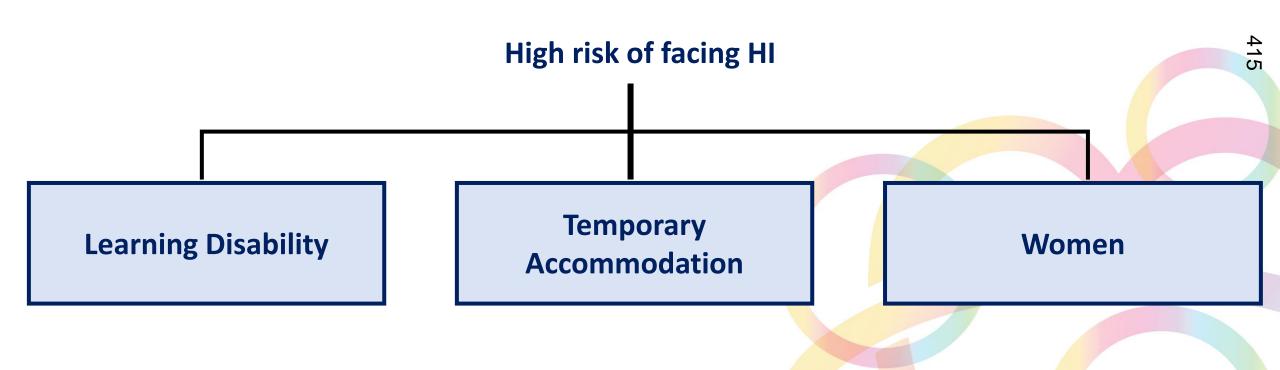
- Physical Activity and Sport Commissioning plans in place across the 7 districts underpinned by the priorities within the **Active Together Physical Activity Framework (2022 – 2031).**
- Public Health undertook a Physical Activity Transformation project with a revised delivery model focussing on:
 - people with specific health needs
 - programmes aimed at inactive people with one or more stable health conditions
 - programmes aimed at providing population-level interventions with brief advice and sign posting for self-help.
- A new approach to how residents can access physical activity services was implemented in December 2023 changing how primary care promote physical activity.





Reducing Health Inequalities – update on progress

- 1. In 2023, a JSNA chapter on health inequalities (HI JSNA) was published. Several groups were identified as being at risk of facing health inequalities.
- 2. Considering the findings from the HI JSNA, the SHP agreed to focus its attention on the following cohorts:



Reducing Health Inequalities – update on progress

Development sessions with key leads/partners to explore how SHP can add value and help to address health inequalities within these cohorts.

A number of areas highlighted that require further exploration:

Learning Disability

Further work needed to promote take-up of annual health checks for those with a learning disability

Temporary Accommodation

Strengthening the support offer for those in temporary accommodation within the first 48 hours

Women

The women's hubs are centred around clinical health issues which leaves a gap in focus on wider determinants.

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Next Steps

- > Keep the momentum going on the excellent work taking place across the partnership
- ➤ Place a greater focus over the next 12 months on the areas where Leicestershire faces ongoing challenges
- > Build on the work that has started on the health inequalities cohorts:
 - Learning disability SHP to link in with the Leicester, Leicestershire and Rutland (LLR)
 Learning Disability and Autism (LDA) to identify how SHP can further
 support/influence this work
 - Those living in **temporary accommodation** co-design a 'welcome pack' containing information on local services and where to access help. The aim is to pilot this in one neighbourhood first.
 - Women explore how SHP can influence wider determinants work while maintaining links to continuing supporting clinical health

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